

Resources for Parents and Children on the COVID-19 Crisis

*Centers for Disease Control and Prevention

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/talking-with-children.html>
<https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

*National Association of School Psychologists and School Nurses - Talking to Children About COVID-19 (Coronavirus) A Parent Resource

https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/02292020_NASP_NASN_COVID-19_parent_handout.pdf

*American Academy of Pediatrics

<https://www.healthychildren.org/English/health-issues/conditions/chest-lungs/Pages/2019-Novel-Coronavirus.aspx>

*National Institute for Children's Health Quality

https://www.nichq.org/news-item/coronavirus-disease-2019-covid-19-information-childrens-health-advocates?utm_campaign=Executive%20Insights&utm_source=hs_email&utm_medium=email&utm_content=84801120&hsenc=p2ANqtz- iuLWRMWw6bXSG9Kcfyl-WNIq0QVLt1hARe6kKrNxiDuETIQ30DejCDJgSSThVAK9tVSeFUQ9DPiHnk9cYbs5GAWUjG3zQauSLUipB8Ao_wcaiJnE&hsmi=84801120

*American Psychological Association

<https://www.apa.org/helpcenter/talking-about-stress>
https://www.apa.org/images/help-kids_tcm7-171345.pdf

Know! To Reassure and Support Children During the COVID-19 Crisis Talking to Kids
How to Talk to Your Kids About Coronavirus

<https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus>

How to Talk to Your Kids about COVID-19

<https://www.psychologytoday.com/us/blog/hope-resilience/202003/how-talk-your-kids-about-covid-19>

Steps To Help Ease Kids' Fears and Anxieties About COVID-19

<https://blog.cincinnatichildrens.org/steps-to-help-ease-kids-fears-and-anxieties-about-covid-19>

<https://preventionactionalliance.org/wp-content/uploads/2020/03/Know-To-Reassure-and-Support-Children-During-the-COVID-19-Crisis.pdf>

*denotes scientific sources (va)

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