

From: noreply@pharmacy.ohio.gov
To: MedicalMarijuana@med.ohio.gov
Subject: Condition Petition for Timothy Reymann
Date: Monday, December 30, 2019 11:38:12 AM

This message was sent from the Condition page on medicalmarijuana.ohio.gov.

Name: Timothy Reymann
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Specific Disease or Condition:

Panic Attack and anxiety

Information from experts who specialize in the disease or condition.

A panic attack is the abrupt onset of intense fear or discomfort that reaches a peak within minutes and includes the following symptoms: • Palpitations, pounding heart, or accelerated heart rate • Sweating • Trembling or shaking • Sensations of shortness of breath or smothering • Feelings of choking • Chest pain or discomfort • Nausea or abdominal distress • Feeling dizzy, unsteady, light-headed, or faint

Relevant medical or scientific evidence pertaining to the disease or condition.

Panic attacks are extremely unpleasant and can be very frightening. As a result, people who experience repeated panic attacks often become very worried about having another attack and may make changes to their lifestyle so as to avoid having panic attacks.

Consideration of whether conventional medical therapies are insufficient to treat or alleviate the disease or condition.

In the past it might have taken months or years and lots of frustration before getting a proper diagnosis. Some people are afraid or embarrassed to tell anyone, including their doctors or loved ones about what they are experiencing for fear of being seen as a hypochondriac. Instead they suffer in silence, distancing themselves from friends, family, and others who could be helpful.

Evidence supporting the use of medical marijuana to treat or alleviate the disease or condition, including journal articles, peer-reviewed studies, and other types of medical or scientific documentation.

Updated on January 28, 2019. Medical content reviewed by Dr. Joseph Rosado, MD, M.B.A, Chief Medical Officer Animal and cell studies, patient self-reports and human trials all show marijuana causes sedation, leading to a decrease in anxiety in many patients.

Letters of support provided by physicians with knowledge of the disease or condition. This may include a letter provided by the physician treating the petitioner, if applicable.

Effects of Marijuana on Mental Health: Anxiety Disorders Considering Locked vs. Unlocked Treatment Facilities Susan A. Stoner, PhD, Research Consultant Highlights Many people report using marijuana to cope with anxiety, especially those with social anxiety disorder.

THC appears to decrease anxiety at lower doses and increase anxiety at higher doses. CBD appears to decrease anxiety at all doses that have been tested. There are individual differences in responses to marijuana