

March 1, 2016

## Weight Loss Rules Adopted by Medical Board

There are now two rules addressing prescribing controlled substances for weight loss. One rule addresses short term anorexiant and the other rule addresses FDA approved medications for chronic weight management.

Rule 4731-11-04 (effective 2-29-16): [Controlled substances: Utilization for short term anorexiant for weight reduction](#)

- This rule addresses the use of schedule III or IV controlled substances approved by the FDA for utilization in weight loss “for a few weeks.”
- The total course of treatment using that controlled substance shall not exceed 12 weeks. The rule also requires the physician to meet face-to-face with the patient every 30 days.

Rule 4731-11-04.1 (effective 12-31-15): [Controlled substances: Utilization for chronic weight management](#)

- This rule addresses the use of controlled substances approved by the FDA for chronic weight management. The medications must be used in compliance with the FDA approved labeling. There is no time limit on the course of treatment.
- After the initial visit and two follow-up visits, the rule authorizes the physician to write refills or the physician may turn care over to a physician assistant or nurse practitioner.

## State of Ohio Board of Pharmacy Adopts New Rules on Drug Compounding by Prescribers

On May 1, 2016, the following Board of Pharmacy rules on prescriber drug compounding will go into effect.

- **4729-16-04 (NEW) - Drugs Compounded by a Prescriber:** Specifies requirements for prescribers who compound non-hazardous drugs.
- **4729-16-11 (NEW) - Hazardous Drugs Compounded by a Prescriber:** Specifies requirements for prescribers who compound hazardous drugs.

For a complete copy of these and other rules relating to drug compounding, please visit: [www.pharmacy.ohio.gov/compounding2016](http://www.pharmacy.ohio.gov/compounding2016)

**REMINDER: All locations** (no exception) are required to hold a license as a terminal distributor of dangerous drugs in order to possess, have custody or control of, or distribute dangerous drugs that are compounded or used for the purpose of compounding. Pharmacies and wholesalers will not be able to ship compounded drug products or drugs used for the purpose of compounding to an entity that is not licensed by the Board. This applies to compounded drugs sent to prescribers acting as [pick-up stations](#).

More information on this requirement can be accessed here: [www.pharmacy.ohio.gov/compoundingtddd](http://www.pharmacy.ohio.gov/compoundingtddd)