



PHYSICIAN ASSISTANT MODEL SUPERVISORY PLAN APPLICATION: ORTHOPEDIC PRACTICES

Mail completed application to:
State Medical Board of Ohio
ATTN: Physician Assistant Program Administrator
30 East Broad Street, 3rd Floor
Columbus, Ohio 43215-6127

PURPOSE

An approved special services plan is required before a physician assistant may perform the injections authorized by the Model Supervisory Plan for Orthopedic Practices. (approved June 11, 2014).

The Model Supervisory Plan for Orthopedics practice (“Model Plan”) sets training, experience, and supervision requirements for a physician assistant in orthopedics to perform specified injections/aspirations in an office-based practice. When the requirements of the Model Plan are adopted in the special services plan application, the time needed for approval of the special services plan is significantly lessened. Please complete the attached special services plan application to indicate agreement to comply with the requirements of the Model Plan.

This application must be completed by an approved supervising physician.

INSTRUCTIONS

- Provide the supervising physician’s name exactly as it is listed on the approved Supervision agreement and Supervisory Plan. Be sure to list all locations where the physician assistant will perform this procedure. Designate a contact person to receive all notices from the State Medical Board of Ohio with regard to this model supervisory plan including but not limited to all notices that may be required by R.C. Chapter 4730 and/or R.C. Chapter 119.
- The supervising physician must sign the application form, indicating that they have read and understand the model supervisory plan for orthopedics and agree to comply with all of the requirements indicated in that plan as approved by the State Medical Board of Ohio.
- Once the application has been completed and signed, send the signed application and plan to the address above. Retain a copy for your records, as well.
- No alterations are permitted to the model supervisory plan. If you wish to allow your physician assistants to perform any joint injection or aspiration that is not indicated in this application you will need to complete a separate special services application. These applications are available on the website at med.ohio.gov under the physician assistant area.
- No fees are required for this application. Once approved you will receive confirmation in the mail.



PHYSICIAN ASSISTANT MODEL ORTHOPEDIC SUPERVISORY PLAN APPLICATION:

*Mail completed application to:
State Medical Board of Ohio
ATTN: Physician Assistant Program Administrator
30 E. Broad St., 3rd Floor
Columbus, Ohio 43215*

SUPERVISING PHYSICIAN INFORMATION

Supervising Physician Name (last, first, middle):

Supervising Physician supervision agreement number:

Practice Address:

City: County: State: Zip Code:

Office Phone Number: Office Fax Number:
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The Credential mail address is the address where all mailings will be sent regarding this application.

Credential Mail Address:

City: State: Zip Code:

Contact Person: Office Phone Number: Office Fax Number:
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LIST ALL LOCATIONS WHERE THE PA WILL BE PERFORMING THE JOINT INJECTIONS/ASPIRATION UNDER YOUR SUPERVISION:

If this procedure will be performed in a health care facility as defined in Ohio Revised Code 4730.01(C) this application does not need to be completed. If additional space is needed attach a separate sheet of paper.

Office Practice Name:

Practice Address:

Yes, I routinely practice at this location. No, I do not routinely practice at this location.

City: County: State: Zip Code:

Office Phone Number: Office Fax Number:
() ()

Office Practice Name:

Practice Address:

Yes, I routinely practice at this location. No, I do not routinely practice at this location.

City: County: State: Zip Code:

Office Phone Number: Office Fax Number:
() ()

I certify that the above statements are complete and accurate to the best of my knowledge. I have read the Physician Assistant Model Supervisory Plan for Orthopedics (Model Plan) that is approved by the State Medical Board of Ohio, agree to comply with all of the requirements of the Model Plan, and understand that as a supervising physician I assume legal liability for the services provided by the physician assistant(s) that are under my supervision.

Supervising Physician signature: Supervision Agreement #: Date:

State Medical Board of Ohio

30 E. Broad Street, 3rd Floor, Columbus, OH 43215-6127

(614) 466-3934

med.ohio.gov

MODEL SUPERVISORY PLAN FOR PHYSICIAN ASSISTANTS IN ORTHOPEDIC PRACTICE

Approved: June 11, 2014

This Model Plan sets out the joint injections and aspirations that can be performed by a physician assistant with specified training and supervision. It is felt by the orthopedic physician community that the level of skill required for the injections and aspirations included in this Model Plan is minimal and within the scope of practice of a physician assistant. The need for a majority of injections and aspirations being performed by a physician assistant is easily identified with adequate training. If at any point the physician assistant is unsure of the diagnosis, a team approach to patient care will allow the supervising physician to assist in the diagnosis and treatment plan.

In order to be approved to supervise one or more physician assistants to perform the joint injections and aspirations listed below under this Model Supervisory Plan, the supervising physician must read and agree to the following terms and conditions:

PROCEDURES:

This Model Plan is applicable to the performance of the following joint injections and aspirations by physician assistants. Check all that apply for your application:

SHOULDER:

- Acromioclavicular joint
- Subacromial space
- Glenohumeral joint

ELBOW

- Lateral epicondylitis
- Medial epicondylitis

WRIST:

- Carpal tunnel
- De Quervain Tenosynovitis
(1st extensor compartment)

FOOT:

- Subtalar injections
- First metatarsophalangeal joint
- Morton's interdigital neuroma

HIP:

- Greater trochanter bursa

ANKLE:

- Tibiotalar

HAND:

- Trigger finger

MEDICATIONS: Under this Model Plan the supervising physician may authorize a physician assistant to administer via joint injection any of the following medications:

- corticosteroids
- injectable local anesthetics
- viscosupplementation

USE OF ULTRASOUND: The supervising physician may authorize the physician assistant to use ultrasound guidance, if indicated, if available in the practice and the physician assistant has received appropriate training in the use of ultrasound.

SUPERVISING PHYSICIAN REQUIREMENTS: In order to supervise a physician assistant under this Model Plan, the supervising physician must meet all of the following requirements:

- _____ Hold board certification or be board eligible in orthopedics.
- _____ Perform the above joint injections and aspirations within his/her normal course of practice.
- _____ Agree to comply with the specifications of this Model Plan.
- _____ Have a Medical Board approved supervision agreement with the physician assistant who will perform services under this Model Plan.
- _____ Have determined that the physician assistant is competent in performing the joint injections or aspirations.

PHYSICIAN ASSISTANT REQUIREMENTS: In order to provide medical services under this Model Plan, the physician assistant must meet all of the following requirements:

- _____ Have a Medical Board approved supervision agreement with the supervising physician.
- _____ Have at least one year of clinical experience in an orthopedic practice.
- _____ For prescribing or ordering medications, have either a current, valid provisional certificate to prescribe or a current, valid certificate to prescribe.
- _____ Have been determined by the supervising physician to be competent in performing the joint injections or aspirations.

SUPERVISION REQUIREMENTS

All injections and aspirations performed under this model plan must be pursuant to a treatment plan established by the supervising physician. The supervising physician must see the patient for evaluation and development of the treatment plan. Once a treatment plan is developed, the

physician assistant may provide the injections or aspirations in accordance with the treatment plan.

The supervising physician must review every patient chart for every injection or aspiration that was performed by the physician assistant. When the physician assistant indicates that the treatment plan is completed, the supervising physician must document completion of the plan. While a specific percentage is not assigned to on-site or off-site supervision, the supervising physician must also provide random direct supervision of patient care under the treatment plan as part of the on-going performance improvement program. All off-site supervision must be in compliance with Section 4730.21(A), Ohio Revised Code. ¹

TRAINING REQUIREMENTS

Teaching methods include lecturing by the supervising physician, readings from orthopedic-related medical texts, and reading peer-reviewed article related to the procedures. A log of training activities must be maintained and submitted to the Medical Board for approval prior to the physician assistant being able to perform the injection or aspiration without direct supervision.

Didactic Program

Content and Objectives of Didactic Program

- _____ The supervising physician shall be the didactic instructor.
- _____ The didactic instructor must be either a Board Certified orthopedic physician or a Board eligible orthopedic surgeon.
- _____ The didactic program shall be for a minimum of 10 hours of activity.
- _____ The content of the didactic program is the review of articles and/or book chapters written by respected orthopedic physicians on the topic of joint injections. The didactic content will include the overview of injections, including aseptic technique; accuracy of the injections; medications used for the injection, including the mechanism of action, side effects, and contraindications; indications for the injections; and outcomes, including risks and complications. The supervising physician must review the content of the articles and/or book chapters with the physician assistant as part of regular performance reviews.
- _____ The physician assistant must also attend lectures on the topic of joint injections presented by the Ohio Orthopaedic Association, American Orthopaedic Association, American Academy of Orthopaedic Surgeons, American Academy of Physician Assistants, or the Ohio Association of Physician Assistants.

Assessment of Completion of Didactic Component

The determination of whether the physician assistant has successfully completed the didactic component will take place upon the physician assistant's completion of reading articles, following attendance at lectures, and during the clinical training stage.

- Successful completion of the didactic component must include an oral discussion of the procedure, related techniques, related risks/adverse events and observation of competency in the clinical component.
- The supervising physician must be completely satisfied that the physician assistant has demonstrated a clear understanding of when joint injections and aspirations are needed, proper treatment modalities, and risk of adverse outcomes;
- The physician assistant must be familiar with the Standard Operating Procedure for injections.

Standard Operating Procedure for Injections

1. Patient is placed in the appropriate position for site being injected;
2. Injection site is marked;
3. Injection site is cleansed with skin preparation agent;
4. A sterile or aseptic technique is utilized during the injection;
5. Needle is placed in the injection site, aspiration is performed as needed to confirm placement and solution is injected;
6. Skin is cleansed and an adhesive bandage is placed over the site;
7. Patient given post-injection instructions.

Clinical Component of Training

Content and Objectives of Clinical Program

- A. The clinical program of the training period requires the physician assistant to observe the supervising physician in the performance of **at least 10 procedures** involving joint injections and aspirations on the following:
 - AC joint
 - Subacromial space
 - GH joint
 - Lateral epicondylitis
 - Trigger finger
 - Tibiotalar

- _____ The supervising physician will then observe the physician assistant perform **at least 10 procedures** involving joint injections and aspirations listed above.
- _____ Discussion must take place between the supervising physician and physician assistant to insure proper technique is used.
- B. The clinical portion of the training requires the physician assistant to observe the supervising physician perform **at least 20 procedures** involving joint injections and aspirations on the following:
- Carpal tunnel
 - De Quervain Tenosynovitis (1st extensor compartment)
 - Greater trochanter bursa
 - Subtalar injections
 - 1st MTP joint
 - Mortons interdigital neuroma

- _____ The supervising physician will then observe the physician assistant perform **at least 20 procedures** involving joint injections and aspirations listed above.
- _____ Discussion will take place during this clinical phase to insure proper technique is used.
- _____ A log of the physician assistant's performance of joint injections and aspiratons must be kept, and include the patient name, joint injections performed, and any adverse effects from the injection and aspiration.

Assessment of Completion of Clinical Component

Successful completion of the clinical component will be assessed following completion of 10 or 20 procedures depending on the joint. Successful completion requires the following demonstrated to the complete satisfaction of the supervising physician:

- _____ The physician assistant demonstrates a clear understanding of when an injection and aspiration is needed;
- _____ The physician assistant demonstrates the ability to apply the proper treatment modalities and risk of adverse outcomes;
- _____ A review of the physician assistant's joint injection and aspirations performance log.
- _____ The physician assistant is able to meet the clinical training goals.

Clinical Training Goals

Upon completion of the clinical component, the physician assistant must be able to perform all of the following:

1. Observe the performance of joint injections and aspirations by the supervising physician a minimum of 10 or 20 times depending on the joint.
2. Demonstrate the different techniques for joint injections and aspirations.
3. Adequately document method of procedure, number of injections and aspirations and previous results from prior procedures of the same nature.
4. Demonstrate competency by performing the procedure a minimum of 10 or 20 times, depending on the joint, with the supervising physician directly observing the injection and aspiration.
5. Evaluate when an injection and aspiration is necessary to perform.

METHOD/PROCESS/CRITERIA FOR ASSESSING COMPETENCY OF THE PHYSICIAN ASSISTANT

Plans for ongoing performance improvement shall include continuing education on procedure advancement, random direct supervision of patient care, and quarterly performance reviews.

Continuing Medical Education:

The physician assistant shall include lectures on the topic of joint injections offered by any of the associations listed under didactic program section of this plan in the required 100 hours of CME required every two years.

Quarterly Performance Reviews:

Performance reviews of the physician assistant shall include discussion of the content of articles and lectures on the topic of joint injections or aspirations.

QUALITY ASSURANCE PLAN

The minimum requirements for a quality assurance plan, including if the procedure is a diagnostic procedure, whether a visual record must be kept for physician review:

_____ The physician assistant will document in the patient chart the exact method of the procedure.

_____ The supervising physician will review the documentation of every procedure that has been performed with the opportunity to address adverse events or complications.

_____ Patients will be randomly surveyed to assess treatment results with minimal side effects.

APPLICABILITY TO PHYSICIAN ASSISTANT WHO HAS PREVIOUS PRACTICE IN ANOTHER JURISDICTION, THE MILITARY, OR A VETERAN'S AFFAIR FACILITY

A physician assistant with experience, education, and training to perform joint injections will be required to complete the same initial and ongoing didactic and clinical training with the supervising physician that all other physician assistants are required to complete.

INJECTIONS AND ASPIRATIONS NOT INCLUDED IN THIS MODEL PLAN

It is felt by the orthopedic physician community that joint injections and aspirations not included in the listings above should only be performed by the physician because of the complexity of the injection and the risk of complications. However, the supervising physician can submit a special services plan for additional injections and aspirations as needed to meet the needs of the practice.

End Note

¹ Section 4730.21, Ohio Revised Code, Duties of Supervising Physician, states as follows.

(A) The supervising physician of a physician assistant exercises supervision, control, and direction of the physician assistant. In supervising a physician assistant, all of the following apply:

(1) Except when the on-site supervision requirements specified in section 4730.45 of the Revised Code are applicable, the supervising physician shall be continuously available for direct communication with the physician assistant by either of the following means:

(a) Being physically present at the location where the physician assistant is practicing;

(b) Being readily available to the physician assistant through some means of telecommunication and being in a location that under normal conditions is not more than sixty minutes travel time away from the location where the physician assistant is practicing.

(2) The supervising physician shall personally and actively review the physician assistant's professional activities.

(3) The supervising physician shall regularly review the condition of the patients treated by the physician assistant.

(4) The supervising physician shall ensure that the quality assurance system established pursuant to division (F) of this section is implemented and maintained.

(5) The supervising physician shall regularly perform any other reviews of the physician assistant that the supervising physician considers necessary.